

# Kawartha Trent Synchro Club

## REGISTRATION INFORMATION

2019-2020

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[www.kawarthatrentsynchro.com](http://www.kawarthatrentsynchro.com)

# Kawartha Trent Synchro Club

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Artistic swimming is a sport that combines aspects of swimming, dance and gymnastics into routines of elaborate movements in the water accompanied by music. Artistic swimming develops a high level of physical fitness while teaching athletes confidence, grace and poise. Swimmers develop team and club spirit as they gain experience throughout the season. As artistic swimmers, athletes learn respect, cooperation, commitment and, above all, good sportsmanship.

The Kawartha Trent Synchro Club (KTSC) was founded in the late 1960s, The name reflects that artistic swimming is also called synchronized swimming. KTSC is based in the Allan Marshall pool at Trent University. KTSC is governed by a Board of Directors composed of volunteers and all programs are delivered by well trained and dedicated coaches.

KTSC is committed to supporting a diverse and inclusive membership by providing accessible programming for swimmers of different ages and abilities. The club supports recreational and competitive programs.

## Splash Bash Swim Show

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At the end of each season, KTSC presents the *Splash Bash Swim Show*. This event showcases all of the routines developed during the year and raises funds for our club. As artistic swimming is a team sport, all swimmers are expected to attend and perform their routine with their teammates at all performances. Tickets will be available to purchase for spectators.

Performances are tentatively scheduled for the weekend of **April 24-26, 2020** with the dates to be confirmed.

## Contact Information

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For more information about the club, specific programs, or registration, please visit the KTSC website [www.kawarthatrentsynchro.com](http://www.kawarthatrentsynchro.com) or contact:

*Dani Smith, Head Coach*.....coach@kawarthatrentsynchro.com

*Kate White, Registrar*.....registrar@kawarthatrentsynchro.com

# Programs

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KTSC expects to offer the following programs in 2019-2020. All programming is subject to sufficient enrollments.

## **Mini Program—\$350** for each 10-week session

A 10-week program designed for swimmers 4-6 years of age wishing to learn basic artistic swimming skills. This program is designed to promote the concepts of artistic swimming in a manner that is engaging and fun. KTSC is offering two sessions of our Mini Program. Swimmers who are interested are encouraged to participate in both sessions.

**1 hour of practice time on Sundays from 5:00-6:00pm. Practices consist of 45 minutes in the pool and 15 minutes of programming on deck.**

*Session 1:* Begins September 29, 2019.

Swimmers registered for the first session of the Mini Program will have the opportunity to show off their skills to family and friends during a Mini Show in December.

Participants can register at the same time as participants in all other programs (September 4, 2019 5:30-7:00 pm at Trent's Athletics Centre) or at the Free Try Artistic Swimming Session on September 15, 2019 at 5:15 pm. (See below for more details.) People interested in this program are welcome to contact KTSC's registrar ([registrar@kawarthatrentsynchro.com](mailto:registrar@kawarthatrentsynchro.com)) for other registration options.

*Session 2:* Begins February 2, 2020.

Swimmers registered for the second session of the Mini Program will have the opportunity to participate in the first of our Splash Bash Swim Shows.

Registration for Session 2 will be announced in December, 2019. Watch our website for more information.

## **Recreational Program—\$875**

A program designed for swimmers 6-12 years of age wishing to develop their basic artistic swimming skills. Swimmers will develop physical literacies, swimming abilities, and skills specific to artistic swimming. They will also develop a team routine to perform at the Splash Bash Swim Show. Swimmers will be grouped into teams reflecting their ages, strengths, and skills following an assessment in the first weeks of the program.

1.5 hours of practice time on Sundays from 5:00-6:30pm. Practices consist of time in the pool and programming on deck.

Begins on September 22, 2019 and runs until the Splash Bash Swim Show.

# Competitive Programs

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KTSC offers competitive programs for swimmers looking for a high level of commitment and competition. Our Novice and Competitive programs offer opportunities for athletes to compete against athletes from other clubs at meets throughout the season. (We also offer competitive opportunities for Masters swimmers. Please consult the Masters Programs for more information.)

Training for all competitive swimmers is aimed at developing endurance, flexibility, strength, and stroke proficiency in addition to technical artistic swimming skills. KTSC's coaches emphasize the concept of teamwork and encourage disciplined skill development.

Athletes in the competitive programs are committed to participate in both individual figures and choreographed routine competitions at all meets their teams are registered in by KTSC.

Because artistic swimming is a team sport, **all competitive swimmers are expected to attend all practices and all meets at which their teams are competing.** Participation in some meets is required to qualify for, and participate in, subsequent meets. Please notice that some meets are scheduled for multiple days and require both travel and accommodations. (Travel and accommodations are not included in the registration fees.)

At the provincial level, athletes compete in specified "age groups" where the group in which a team competes is determined by the *average* age of the athletes on the team. The average age of the athletes on each team is calculated using the age of the swimmers at the end of the calendar year—i.e. the average age of the swimmers as at December 31, 2020.

## **Novice Program—\$1800**

A program for swimmers at least 11 years of age (as at Dec. 31, 2020) wishing to develop their artistic swimming skills and to test their skills by competing at meets. Swimmers will attend three meets during the season at which they will demonstrate their individual skills and perform their team routine. Their team routine will be performed also at the Splash Bash Swim Show. KTSC expects to register swimmers in the following meets:

**Early Bird Skill Testing Event** (East)—Tentatively Nov. 2, 2019 (Location TBD)

**Trillium Novice Regionals**—February 7-9, 2020—Nepean Sportsplex

**Novice Provincial Championships**— May 1-3, 2020—Nepean Sportsplex

Following an assessment in the first weeks of the program (see dates listed below), swimmers will be grouped into teams reflecting their ages, strengths, and skills.

3.5 hours of practice time in the pool each week in addition to 30 minutes of land training. Practices will be on Mondays and Fridays in the evening.

**Swimmers in the Novice program will be in the pool for team selection on September 6, 2019**

**5:30-7:30 pm and September 8, 2019 5:00-6:00 pm.**

Regular Practices (including land training sessions) begin September 16, 2019 and run until the Splash Bash Swim Show.

Registration for the Novice Program is on Wednesday, September 4, 2019 at 5:30-7:00 pm at the Trent Athletics Centre.

Novice swimmers will be expected to wear a red KTSC shirt (available for purchase for those swimmers requiring one) along with black athletic shorts, capris, or pants when representing our club at meets. Sizing for the KTSC shirts and additional clothing options will be presented at Registration.

## **Competitive Teams**

Depending on the number and ages of swimmers registered with the club, KTSC supports teams in each of five age groups that compete at invitational, regional, and provincial meets. Practices and training sessions are designed to suit the abilities of the athletes competing on each team.

Athletes participating with KTSC's teams agree to abide by KTSC's *Competitive Program Policy* (included below in this package).

NOTE: Swimmers must be 8 years or older by December 31, 2020 to swim at the competitive level.

Registration for the Age-Based Competitive Teams is on Wednesday, September 4, 2019 5:30-7:00 pm at the Trent Athletics Centre.

### **10 & Under Age Group Team—\$2050**

*2 practices per week (4 hours in the pool, 1 hour land training).* KTSC expects to register the 10 & Under team in the following meets.

**Early Bird Skill Testing Event** (East)— Tentatively Nov. 2, 2019 (Location TBD)  
**Trillium 12&U Competitive Regionals** (East & North)—February 7-9, 2020—Nepean  
**Hilton Worldwide Invitational**—April 16-19, 2020—Markham PanAm Pool  
**Trillium 12U Championships**--June 4-7, 2020—Victor Davis Pool, Guelph

### **11-12 Age Group Team—\$2600**

*3 practices per week (6 hours in pool, 1 hour land training).* KTSC expects to register the 11-12 team in the following meets.

**Early Bird Skill Testing Event** (East)— Tentatively Nov. 2, 2019 (Location TBD)  
**Lisa Alexander (Modified) Figures Meet**—December 7-8, 2019—Etobicoke, Olympium  
**OWG Qualifying Meet**—Jan 17-19, 2020—Orillia (Location tentative).  
**Trillium 12&U Competitive Regionals**—February 7-9, 2020—Nepean Sportsplex  
**Ontario Winter Games\***—February 27-March 1, 2020—Orillia  
**Hilton Worldwide Invitational Meet\***— April 16-19, 2020—Markham PanAm Pool  
**Trillium 12&U Championships**—June 4-7, 2020—Victor Davis Pool, Guelph

\*Teams must qualify to attend the Ontario Winter games. KTSC's teams will be registered for the Hilton Worldwide Invitational Meet only if they are not attending the Ontario Winter Games.

## **13-15 Age Group Team—\$3050**

*4-5 practices per week (7-8 hours in pool, 2 hours land training). Includes some morning practices before school. KTSC expects to register the 13-15 team in the following meets.*

**Early Bird Skill Testing Event** (East)— Tentatively Nov. 2, 2019 (Location TBD)  
**Lisa Alexander (Modified) Figures Meet**—December 7-8, 2019—Etobicoke, Olympium  
**OWG Qualifying Meet**—Jan 17-19, 2020—Orillia (Location tentative)  
**Ontario Winter Games\***—February 27-March 1, 2020—Orillia  
**Leslie Taylor Ontario Cup**—March 12-15, 2020—Markham PanAm Pool  
**Hilton Worldwide Invitational Meet\***— April 16-19, 2020—Markham PanAm Pool  
**Ontario Championship**—May 14-17, 2020—Etobicoke, Olympium

\*Teams must qualify to attend the Ontario Winter games. KTSC's teams will be registered for the Hilton Worldwide Invitational Meet only if they are not attending the Ontario Winter Games.

## **Junior (ages 15-18) and Senior Teams—\$3500**

*4-5 practices per week (9-10 hours in pool, 2 hours land training). Includes some morning practices before school. KTSC expects to register junior and senior teams in the following meets.*

**Lisa Alexander Elements Meet** — December 7-8, 2019—Etobicoke, Olympium  
**Invitational Routine Meet**—January 17-19, 2020—Orillia (Location tentative)  
**Leslie Taylor Ontario Cup**— March 12-15, 2020—Markham PanAm Pool  
**Hilton Worldwide Invitational Meet**— April 16-19, 2020—Markham PanAm Pool  
**Ontario Championships** — May 14-17, 2020—Etobicoke, Olympium

## **Team Selection**

Competitive teams are selected by the competitive coaches. Swimmers are assessed at the start of the season and teams are selected on the basis of the ability, experience, age, and character of the athletes interested in this program. Team selections reflect the goals of providing each swimmer with the best opportunities to develop as an athlete and each team with the best opportunities for success.

All athletes interested in the competitive program will attend three training sessions to facilitate team selections. **Initial training sessions & athlete assessments are scheduled for** September 6, 2019 5:30-7:30 pm; September 8, 2019 6:00-8:00 pm; and September 9, 2019 6:00-8:00 pm.

Teams will be determined after these initial training sessions.

## **Weekly Training Schedules**

Weekly training schedules for competitive teams will be announced at the conclusion of the team selection process. Training schedules are influenced by factors including the number of competitive teams in each age group, the number of swimmers on each team, and the availability of the coach(es) responsible for each team. Given the availability of pool time, competitive practices will be scheduled in the mornings and/or evenings on Mondays, Wednesdays, Fridays, and Sundays.

The regular practice schedule for competitive teams will begin on September 11, 2019. All land training sessions begin during the week of September 16, 2019.

# Masters Programs

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Masters programs are available at both the recreational and competitive levels. Masters swimmers must be at least 18 years of age to compete at regional and provincial meets. Athletes must be 19 years and older to attend Masters Nationals.

*Specific training schedules are designed to reflect the swimmers' requirements, expectations and level of commitment, as well as the availability of pool time and coaches. Swimmers interested in the Masters' Programs should contact the Head Coach for more information.*

## **Recreational Masters (Beginner and Intermediate) —\$925**

A program designed for adults who want to learn basic artistic swimming skills and perform in the Splash Bash Swim Show. Training will be adapted to reflect swimmers' experience and conditioning.

Begins September 22, 2019 and runs until the Splash Bash Swim Show.

## **Competitive Masters—\$1950 for a team of five or more swimmers; \$2200 for a team of less than five swimmers.**

A program designed for adults with some previous artistic swimming experience. Swimmers will have the opportunity to perform both a Technical and Free Routine at the Splash Bash Swim Show and in competition.

## **Varsity Masters**

A program for students of Trent University with some previous artistic swimming experience. Swimmers will compete for both Trent Synchro and KTSC attending Masters Regionals and Provincials.

Competitive (including Varsity) Masters swimmers have the option to compete in meets, including:

**Trillium Masters Regionals**—February 7-9, 2020—Nepean Sportsplex  
**Masters Provincial Championships**—May 1-3, 2020—Nepean Sportsplex

## **Programs for Athletes with Unique Abilities**

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Programming is available for athletes with unique abilities including athletes with disabilities. Programs vary depending on the requirements, abilities, and expectations of the swimmers. The cost of the program is based on each swimmer's desired amount of training and whether the swimmer needs or expects specialized one-on-one attention or group training. Individuals interested in these programs should contact the Head Coach for more information.

## **Additional Routines**

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KTSC offers opportunities for swimmers to develop additional routines as soloists, duets, trios, and combos. Unless there is no suitable team for a swimmer, solos, duets, trios and combos are considered **additional routines** in that they are developed in addition to their team's routine. (The ability to accommodate requests for additional routines is subject to factors including, but not limited to, the availability of coaches and pool time.) Swimmers interested in additional routines should indicate their interest on the registration form. Coaches will assess swimmers at the start of the swim season to determine if additional routines are appropriate and to identify appropriate partners or teammates if applicable. Following this, swimmers will meet with the Head Coach to discuss expectations and to determine their specific training schedule. Additional fees apply for all additional routines.

### **Splash Bash Solos, Duets, and Trios**

Swimmers in all KTSC programs can request opportunities to prepare additional routines as soloists, duets, and trios to be presented at KTSC's Splash Bash Swim Show.

**Normally one 1-2 hour practice per week with the structure of practices to be determined.**  
Specific practice schedules will be determined following registration.

### **Competitive Solo\***

Swimmers aged 13 & over may apply to develop a solo routine to compete at invitational, regional (including qualifying), and provincial meets. Swimmers aged 11-12 years old may apply to swim a solo for the 12 & Under Trillium meets.

### **Competitive Duet\***

Swimmers may apply to swim in a duet with a swimmer within their age group.

### **Competitive Combo\***

Swimmers may apply to swim in a free combination routine, or "combo", with other swimmers in the competitive program. Combo routines are often longer than other routines and allow the opportunity to feature the skills of the different athletes on the team. A minimum of six swimmers is recommended.

\*Additional competitive routines are available only for those swimmers already competing with KTSC's 11-12, 13-15, Junior, or Senior teams. (Additional competitive routines are not available for swimmers in our Novice programs at this time.)

### **Other Opportunities**

Swimmers will be notified of additional opportunities to train, compete, and/or try-out for special teams as information is made available throughout the season.

## **Extra Figures Practice**

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Competitive swimmers (of all ages) wanting extra figures practice may book an extra practice session.

Extra figures practices will be small group lessons (2-3 swimmers) and are available at a cost of \$15/hour per swimmer payable to the club at the time of the lesson. If space is available, private lessons will be scheduled at a cost of \$25/hour. Details about extra practice times and coaching will be available in October.

Please note that extra figures practices are to be scheduled with the designated figures coach rather than the coach of the swimmer's team.



## KTSC Uniform and Suits

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Part of being on a successful artistic swimming team involves presenting oneself and one's team well. This aspect of the sport requires having the proper kit for competitions. KTSC provides all competitive swimmers with a routine suit, a bun cover or head piece, a KTSC spacing cap, and one pair of nose plugs. Swimmers are responsible for purchasing their own plain black suit, plain white cap and goggles suitable for figures competitions. (We recommend that you look for a plain black suit at *Pro-Tech* as they offer a 10% discount to members of KTSC.) As representatives of the club, competitive swimmers wear the KTSC colours to all meets. Entering meet facilities and on deck, this involves wearing a KTSC t-shirt, KTSC jacket, and capris, and carrying the blue backpack. (The backpacks can also be obtained from *Pro-Tech*.) In the water, this involves wearing the designated KTSC spacing suit. Swimmers are responsible for purchasing these items. More information will be provided at the start of the swim season.

## Bingo! Support for our Competitive Athletes

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*Delta Bingo & Gaming Peterborough* is one of our most important sources of financial support. For this support, parents of competitive swimmers are responsible for working scheduled shifts at *Delta Bingo & Gaming* (usually on Wednesday evenings) *throughout the calendar year*.

Following the rules set out by the Ontario Lottery and Gaming Corporation (more commonly known as the OLG), parents are expected to attend a brief training session and to work every shift for which they are scheduled unless other arrangements are made. Only parents on KTSC's *bona fide* list are allowed to work bingo shifts.

According to the OLG's regulations, KTSC is penalized for any shift missed and for any violation of the standards set out for us (such as arriving late for shifts, failing to follow the prescribed dress-code, etc.). Penalties are rare and easily avoided. In the event an individual member's actions result in penalties to KTSC, the member is responsible for compensating KTSC for the penalties incurred.

To help meet the dress code in effect for working bingo shifts, each new competitive family will be provided one red, collared shirt with the KTSC logo.

The specific number of shifts for which each swimmer's parents are responsible during the year is based on the number of hours the swimmer is in the pool each week. Especially for families with athletes in the younger age groups, the commitment is not overly burdensome.

In accordance with KTSC's commitment to supporting a diverse and inclusive membership, the needs of individuals with disabilities will be accommodated. Specific accommodations related to the assignment of bingo shifts and other fundraising responsibilities will be considered by the Board of Directors on a case-by-case basis.

# Competitive Program Policy

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Artistic swimming is a TEAM SPORT. **The commitment of each and every swimmer is necessary for the team to compete at its highest level.** For these reasons:

- 1.) Swimmers are expected to attend, and participation in, all practices, meetings and competitions.  
If a swimmer is unable to attend, or participate in, a practice, prior notice should be given to the team coach. Please contact the team coach even before morning practices. The team coach will provide a contact number for this purpose.
- 2) Swimmers are expected to watch all KTSC routines at meets as directed by the Head Coach.
- 3) In the spirit of sportsmanship, all athletes are to respect the officials, volunteers, judges, coaches, and other swimmers at all times while at competitions. Any questions that may arise pertaining to scoring or results should be directed to the Head Coach in a private conversation.
- 4) Swimmers are expected to respect the schedules provided by their team coach in regards to specific expectations—i.e. for the times to meet as a team, warm-ups, and curfews—during meets.
- 5.) Swimmers are expected to wear their KTSC uniforms when entering and leaving competition facilities and as directed by their coaches while attending meets and other events throughout the swim season.
- 6) All athletes must stay in the designated hotel for the duration of the Leslie Taylor Ontario Cup, Ontario Championships, and the Trillium 12&U Regional and Provincial Meets.
- 7.) Athletes (and their families) must provide the team coach with information allowing the coaches to contact swimmers at any time communication is required while attending meets.
- 8.) Athletes (and their families) should plan for vacations and activities that do not unnecessarily risk their health or their ability to train and compete with their team.

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By registering for the competitive program, swimmers agree to the entire Competitive Program Policy in order to participate in the program and to represent KTSC at meets.

By registering their children for the competitive program, parents and guardians of swimmers agree to support their children in following the Competitive Program Policy. Parents and guardians also agree to participate in fundraising activities and to sponsor bingos as a means of supporting our competitive athletes.

Swimmers who miss too many practices or fail to comply with other aspects of the Competitive Program Policy may be designated alternates at meets or removed from the competitive program. This policy will be enforced with the goal of promoting the success of each competitive team.

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# Managing Fees

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KTSC allows members to manage the payment of fees in a variety of ways. These include opportunities for raising funds, a family discount, rewards for attracting new swimmers to KTSC's programs, and plans to spread the payment of fees across the duration of the swim season.

## **Fundraising **\*\*NEW for 2019-20\*\*****

Each year, KTSC works to manage registration costs by engaging in fundraising activities. Throughout the year, swimmers in all of our programs will be provided opportunities to raise funds to offset the costs of our programming.

**Each swimmer will be credited for any and all fundraising profits<sup>+</sup> the swimmer raises.** The credit each swimmer earns can be used to cover the cost of registration fees, refunded at the end of the swim season, or carried over to 2020-21. Effectively, this means that a swimmer's fees are refundable at the end of the season.

+Fundraising profits are the funds collected by KTSC after expenses are covered for each fundraiser. Most, but not all, fundraising initiatives allow KTSC to track profits to individual swimmers. Where KTSC can track the profits generated by individual swimmers, the profits for each fundraiser organized will be announced in advance of its implementation.

## **Family Discount**

Registration fees for the second, and subsequent, swimmers from the same family will be discounted 10%. This discount is applied automatically and applies to the lowest fees.

## **Incentive for Attracting New Swimmers **\*\*NEW for 2019-20\*\*****

All returning swimmers are encouraged to invite others to join KTSC and become involved in the sport they love. For any new member a returning member is responsible for bringing into the club, \$50 will be deducted from the returning member's fees.

## **Spreading out the payment of fees**

KTSC members are welcome to pay all of their fees at the time of registration. To make payment more manageable, members are also welcome to spread out the payment of their fees following the schedules indicated below.

KTSC is committed to the goal of making the sport of artistic swimming accessible to all people who are interested in participating. Where financial considerations present barriers to participation, we invite individuals to contact KTSC's Treasurer (treasurer@kawarthatrentsychro.com) to discuss alternative payment options.

# Refund Policy

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Swimmers will be eligible for a full refund less an administration fee of \$150 if they leave a program within the first two weeks of the season. Swimmers that leave the program after this for reasons of illness or relocation will be eligible for a refund for the amount of fees pro-rated to reflect the costs incurred to register the swimmer and the amount of time the swimmer has been enrolled in the program. Swimmers who leave the program for other reasons may petition KTSC's Board of Directors within two weeks of leaving the program for a refund of fees.

# Fee Payment Schedules

**PAYMENT MUST BE ARRANGED AT THE TIME OF REGISTRATION.** Payment may be made in full at the beginning of the season by cash, cheque or e-transfer to KTSC's Treasurer (address below), or with post-dated cheques following the schedules indicated below. Additional payment options may be considered by KTSC's Treasurer.

**Please make all cheques payable to: KTSC**  
NSF cheques will be subject to a service charge.

*John McCully, Treasurer..... treasurer@kawarthatrentsynchro.com*

## Mini Program

Fees: **\$350.00** for each 10-week session.

Payment can be made in one lump sum at the time of registration or in two payments of \$175.00 with the first payment at registration and the second made by a cheque post-dated to one month following the start of the session.

## Recreational Program

Fees: **\$875\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250
October 1	\$225
November 1	\$200
December 1	\$200

## Masters Recreational Program

Fees: **\$925\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250
October 1	\$225
November 1	\$225
December 1	\$225

## Novice Program

Fees: **\$1800\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250
October 1	\$300
November 1	\$300
December 1	\$200
January 1	\$300
February 1	\$300
March 1	\$150

\*Fees for the Recreational and Novice Programs include a team bathing suit, a nose plug, and meet registration fees (where applicable).

## 10&U Competitive Team

Fees: **\$2050\*\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250 (due at registration)
October 1	\$400
November 1	\$400
December 1	\$200
January 1	\$400
February 1	\$400

## 11-12 Competitive Team

Fees: **\$2600\*\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250
October 1	\$400
November 1	\$400
December 1	\$200
January 1	\$400
February 1	\$400
March 1	\$400
April 1	\$150

## 13-15 Competitive Team

Fees: **\$3050\*\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$250
October 1	\$400
November 1	\$400
December 1	\$200
January 1	\$400
February 1	\$400
March 1	\$400
April 1	\$400
May 1	\$200

## Junior or Senior Competitive Team

Fees: **\$3500\*\***

If registrants prefer to manage payments over multiple months, the following payment schedule is recommended. (Post-dated cheques or other arrangements with KTSC's Treasurer are required.)

At Registration	\$300
October 1	\$400
November 1	\$400
December 1	\$400
January 1	\$400
February 1	\$400
March 1	\$400
April 1	\$400
May 1	\$400

\*\*Fees for the Competitive Programs include a team bathing suit, a nose plug, meet registration fees, and a spacing cap.

### **Competitive Masters**

Fees: **\$1950** if the teams have five or more swimmers;  
**\$2200** if teams of less than five swimmers.

The fees posted here for competitive masters swimmers assumes four hours of practice time each week. The fees will be recalculated to reflect different training schedules.

If registrants prefer to manage payments over multiple months, they are invited to make arrangements with KTSC's Treasurer.

### **Splash Bash Routines**

Splash Bash Solo Fee: \$400  
Splash Bash Duet Fee: \$300 per swimmer  
Splash Bash Trio Fee: \$200 per swimmer

Performance suits are not included in the fees for additional routines. Payment for these routines must be arranged at the time of registration. Payment schedules can be arranged if desired by registrants.

### **Additional Competitive Routines**

Fees for Additional Competitive Routines depend on the specific training and competition schedules implemented. Swimmers interested in these opportunities should contact our Head Coach to discuss training and/or competition plans and our Treasurer to discuss costs and payment options.

# Registration Procedures

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To register for any program, complete BOTH of the following forms:

**REGISTRATION FORM** ~ You will be able to download this from KTSC's website; copies will also be available at registration. Please notice there are separate forms for registering for our recreational programs and our competitive programs.

**ONTARIO ARTISTIC SWIMMING WAIVER** ~ All swimmers, no matter how young, must sign this waiver. A link will be provided on KTSC's website; copies will also be available at registration.

**All signed waivers and payment (or post-dated cheques)** for the complete amount of the swimmer's registration fees must be submitted before a swimmer enters the pool for the first team practice.

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**Registration for all programs will be on  
September 4, 2019  
5:30-7:00pm  
at Trent University's Athletics Centre**

*(See notes above for the registration for the second session of the Mini Program.)*

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To be prepared in the event of an emergency during KTSC programming, **all swimmers will be required to provide relevant medical information** and their health card number at the time of registration.

**New Novice and Competitive swimmers** must show their birth certificate at the time they register.

All swimmers (and their parents) must confirm that they have read, and accept, KTSC's Concussion and Refund Policies.

All competitive swimmers (and their parents) must confirm that they have read, and will comply with, the Competitive Program Policy and the commitments related to Delta Bingo.

Swimmers in the Novice and Competitive programs will be measured for their team shirts and uniforms at the Registration event. (For this, the swimmers themselves must attend registration.)

# Free TRY ARTISTIC SWIMMING LESSON

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We will be offering a  
**FREE TRY ARTISTIC SWIMMING LESSON**

**Sunday, September 15, 2019**  
**5:15-6:00pm**

at the Allan Marshall Pool in the  
Trent University Athletics Centre

No registration or payment is required for this session.  
Swimmers will have the opportunity to register in KTSC's  
programs following this free session.

